

In many countries today, the eating habit and lifestyle of children are different from those of previous generations. Some people say this has had a negative effect on their health.

In ~~the~~ modern era, children's eating habit and their ~~ir~~ way of ~~their~~ life ~~has~~ have altered dramatically. Actually, much ink has been spilled on this controversial issue. Some people believe that today's children's lifestyle has had widespread harms on ~~there~~ their life specially on their health and ~~poor~~ friendship. On the other hand, there are some people who support that ~~current~~ children's current lifestyle has never had negative impact on their health.

It is undeniable that there is a minority of people ~~held~~ who hold that today's generation's access to superior nutritious food and amusement which have had positive influence on their ~~alike~~ physical and mental health alike. Unfortunately, these people claim that currently children ~~intent~~ tend to play computer games to enhance their intellectual abilities. Besides, today's parents have ~~supervised~~ supervision on kids' eating habits more than do previous parents via providing super healthy food for them.

There is a majority of people who strongly argue that current generation's health ~~are~~ is exposed to crucial perils by straightforward access ing to unhygienic foods and addictive computer ~~addictive~~ games which were not available ~~for~~ in their parents' ~~'s~~ childhood. Actually, young ages are ~~tend~~ inclined to consume fast food with huge amounts of fat and calories, and also they would stay in their bedrooms playing various types of computer matches for a long time rather than spending time outdoors with their peers. These kinds of tendencies incline children to have ~~feeble~~ harmful lifestyle which causes obesity or suffering a plethora of illnesses.

In a nutshell, ~~these days lifestyles of young charges~~ the way of current young ages' life definitely can be damaging to their physical and mental health. Therefore, parents should be responsible for aiding them ~~to~~ in preventing kids from any kinds of diseases.